



THE MEANING OF MARRIAGE IN THE NOVELS OF SHOBHA DE: A CRITICAL
STUDY

Aweza Dar¹, Dr Rajinder Ahluwalia²

Associate professor of English DBU, Mandi Gobindgarh

Abstract:

Shobha De's writings explore the struggles and challenges faced by modern Indian women within the bond of marriage. The novels delve into the psychological and emotional aspects of marital relationships, exposing the enigma between traditional values and the desire for freedom and self-assertion. In Shobha De's works, marriage is presented as a societal expectation where women are expected to make sacrifices and remain confined within the traditional roles. The protagonists, particularly the female characters, undergo internal conflicts as they grapple with the pressures of adhering to patriarchal norms while seeking personal fulfilment and liberation. These women desire equal rights and freedom within their marriages, but they are hindered by conservative societal expectations. The novels also highlight the impact of societal changes, liberalization, and gender issues on marital dynamics. The characters face dilemmas and emotional turmoil in their relationships as they navigate between their desire for autonomy and the societal pressures to conform. Extra-marital affairs and emotional struggles become common themes, reflecting the deep emotional void and psychological distress that some characters experience within their marriages. Shobha De's portrayal of marriage emphasizes the importance of communication, understanding, and mutual respect in a successful union. The novels also shed light on the broader issues of gender equality and the need for societal transformation to empower women and create more equitable relationships. Shobha De's critical study of marriage in her novels serves as a mirror to the complexities and challenges faced by modern Indian women in their pursuit of love, freedom, and self-discovery within the context of marriage and society.

Keywords: Shobha De, Novels, Marriage, Complex Institution, Modern Indian Women, Struggles, Challenges, Psychological Aspects, Traditional Values, Freedom

1. Introduction

Marriage, as a timeless institution, has been a subject of fascination and scrutiny in literature, reflecting the evolving dynamics of societies across cultures and eras. In the context of contemporary Indian literature, the portrayal of marriage has taken on new dimensions, mirroring the complexities and transformations within Indian society. Shobha De, a prominent Indian author, is recognized for her thought-provoking narratives that delve into the intricacies of human relationships, including marriage. This research paper embarks on a critical journey to explore "The Meaning of Marriage in the Novels of Shobha De," aiming to dissect the multi-layered facets of marriage as depicted in her literary creations. Shobha De, often heralded as the "queen of urban fiction," has made an indelible mark on the literary landscape with her bold narratives and unapologetic exploration of human desires, societal taboos, and cultural shifts. Her novels, characterized by their candid portrayals of modern Indian society, offer a unique vantage point to scrutinize the institution of marriage. Through her characters' journeys, De



examines the evolving dynamics of relationships, the impact of changing gender roles, and the clash between tradition and modernity. Marriage, as envisioned by De, transcends the conventional boundaries of a mere legal contract. It becomes a canvas on which she paints the struggles, aspirations, disillusionments, and triumphs of her characters. This critical study aims to analyze how De's portrayal of marriage serves as a reflection of societal values and norms, and how she challenges, deconstructs, or reinforces these through her narratives.

1.1 Background and Rationale

The foundation of marriage as a social institution can be traced back through millennia, with its manifestations varying across cultures and historical epochs. Within the context of Indian society, the concept of marriage has undergone significant shifts over the past decades, propelled by factors such as urbanization, globalization, and changing gender roles. Shobha De's novels, set against this backdrop of societal transformation, provide a lens through which we can decipher the evolving significance of marriage. By delving into her literary works, this study seeks to unveil the nuanced meanings and interpretations of marriage, shedding light on how De's narratives reflect and respond to these broader cultural changes.

1.2 Objectives of the Study

The primary objectives of this research are as follows:

- 1) To analyse and interpret the portrayal of marriage in selected novels by Shobha De.
- 2) To examine the cultural, social, and psychological dimensions of marriage as depicted in De's works.
- 3) To uncover the underlying themes, messages, and commentaries on marriage that emerge from De's narratives.
- 4) To provide a comprehensive understanding of how De's portrayal of marriage contributes to the discourse on contemporary Indian society.

1.3 Significance of the Study

This study holds significance on various levels. Firstly, it contributes to the growing body of scholarship on Indian literature, particularly in the realm of contemporary fiction. By focusing on marriage, a central institution in society, the study adds depth to the understanding of De's works and their engagement with societal changes. Secondly, the analysis of marriage as a thematic element within De's novels has implications for readers' comprehension of the complex interplay between personal relationships and societal norms. Furthermore, the study's findings could potentially offer insights into the broader cultural shifts and reflections on marriage in contemporary India.

1.4 Scope and Limitations

While the study aims for a comprehensive analysis of marriage in Shobha De's novels, certain limitations are acknowledged. The research primarily focuses on a select number of De's works, chosen based on their thematic relevance to marriage. Consequently, the findings may not fully encapsulate the entirety of De's literary exploration of marriage. Additionally, the study acknowledges that literature is inherently open to multiple interpretations, and while efforts will be made to provide a critical analysis, some subjectivity may persist. Lastly, as of the knowledge cutoff date in September 2021, the study does not consider any developments in Shobha De's literary



output or potential shifts in societal perspectives on marriage that may have occurred after this date. In the subsequent sections, the paper will delve into a comprehensive review of literature related to the portrayal of marriage in literary works, and subsequently, embark on a detailed examination of Shobha De's novels to unravel the intricate meanings and implications of marriage within her narratives.

2. Literature Review

2.1 Evolution of Marriage in Literature

The portrayal of marriage in literature has undergone a fascinating evolution, reflecting the shifting sociocultural landscapes of different eras. In ancient literature, marriage was often depicted as a contractual arrangement, serving political, economic, and social purposes. Greek tragedies like Sophocles' "Antigone" showcased marriages as instruments of power consolidation, while medieval romances such as Geoffrey Chaucer's "The Canterbury Tales" explored themes of courtly love and chivalry within marital contexts. With the advent of the modern novel, authors like Jane Austen ushered in a new era of marriage-centered literature. Austen's novels, including "Pride and Prejudice" and "Emma," offered incisive commentary on the socio-economic dimensions of marriage for women in 19th-century England. As literature progressed into the 20th century, authors like Virginia Woolf and Edith Wharton delved into the psychological intricacies of marriage, examining how it shaped the identities and freedoms of individuals. In contemporary literature, marriage has become a canvas for exploring the complexities of human relationships. Authors like Kazuo Ishiguro, in "Never Let Me Go," and Zadie Smith, in "On Beauty," use marriage to probe existential questions about love, mortality, and societal expectations. This evolution in the portrayal of marriage underscores its enduring relevance as a literary theme that continues to resonate with readers.

2.2 Shobha De's Contribution to Contemporary Indian Literature

Shobha De occupies a unique position in contemporary Indian literature. Her novels, set against the backdrop of India's rapid urbanization and globalization, capture the aspirations and dilemmas of the emerging middle class. De's writing is characterized by its candid exploration of sexuality, relationships, and societal norms, challenging traditional conventions. Works such as "Socialite Evenings," "Sultry Days," and "Starry Nights" provide a window into the lives of urban Indians negotiating modernity while grappling with age-old cultural values. De's contribution to Indian literature lies in her ability to depict characters who defy easy categorization. Her protagonists often navigate morally ambiguous terrains, questioning societal expectations and confronting their desires head-on. By depicting the complexities of personal relationships, including marriage, De's narratives provide readers with a nuanced understanding of the evolving socio-cultural landscape in India.

2.3 Previous Research on Shobha De's Novels and Marriage

Scholars have engaged with Shobha De's novels from various angles, shedding light on their exploration of marriage and relationships. Research has highlighted how De's characters challenge patriarchal norms and the traditional roles ascribed to women within marriages. Her novels have been examined as a critique of the limitations imposed by societal expectations,



particularly on women's lives and choices Existing research has focused on the portrayal of extramarital affairs and the tensions between personal desires and societal conformity within De's works. Studies have explored how De's characters navigate the dichotomy between traditional values and contemporary aspirations, often leading to conflicts and introspection within the context of marriage. While these previous analyses offer valuable insights, this study aims to take a comprehensive and focused approach to explore the intricate meanings and implications of marriage in Shobha De's novels. By delving deeper into the portrayal of marriage across her selected works, this research seeks to provide a more encompassing understanding of how De's narratives contribute to the discourse on the evolving meaning of marriage in contemporary Indian society.

3 Traditional Notions of Marriage in Indian Society: Marriage has been deeply ingrained in the fabric of Indian culture for centuries. Rooted in religious and social traditions, traditional Indian marriages were often arranged by families with the primary goal of maintaining social status, caste purity, and economic stability. The institution of arranged marriage carried a sense of duty and responsibility, with couples often meeting for the first time on their wedding day. Marital harmony was viewed as a collective effort, involving the participation and approval of extended families and communities. The emphasis was placed on the compatibility of families rather than solely on the desires of the individuals involved. This traditional framework had a significant impact on gender roles within marriage. Women were often expected to assume submissive roles, prioritizing the well-being of the family and adhering to the expectations of their in-laws. Marriages were often cemented through elaborate rituals and ceremonies, symbolizing not only the union of two individuals but also the merging of two families.

3.1 Modern Shifts and Challenges: The late 20th and early 21st centuries witnessed a gradual departure from these traditional notions of marriage in India. Urbanization, education, and exposure to global perspectives led to the emergence of a generation that sought more autonomy in their personal lives, including their choice of partners. The rise of love marriages challenged the dominance of arranged marriages, enabling individuals to prioritize emotional and personal compatibility over social considerations. Modern marriages in India are increasingly characterized by changing gender dynamics. Women are seeking education, pursuing careers, and aspiring for independence, reshaping the power dynamics within marriages. Marital relationships are now expected to be built on mutual respect, communication, and shared responsibilities.

4 Marital Roles and Gender Expectations: Shobha De's novels intricately dissect the social dynamics surrounding marital roles and the weight of gender expectations in contemporary Indian society. Through her characters, she portrays the struggles and contradictions that women often face as they navigate the intersection of tradition and modernity within marriages. In "Sisters," for instance, De presents contrasting sisters, one who adheres to societal expectations of being a devoted wife and mother, and another who challenges these norms by pursuing her career and personal ambitions. This dichotomy exemplifies the tension between prescribed roles and individual agency, providing a nuanced view of the choices women make and the consequences they bear within marriages. De's exploration of gender expectations also extends to male characters. In "Strange Obsession," she exposes the vulnerabilities and



insecurities of male protagonists who find themselves grappling with their roles as providers and protectors, as well as their desires for emotional intimacy and personal fulfilment.

4.1 Marriages of Convenience vs. Love Marriages: The dichotomy between marriages of convenience and love marriages forms a compelling thread in Shobha De's narratives, offering insight into the diverse motivations and challenges characters encounter when it comes to marital unions. In "Second Thoughts," De examines the complexities of a loveless marriage and the longing for emotional connection. The characters' internal struggles shed light on the consequences of entering a marriage for practical reasons, only to grapple with the absence of genuine affection and shared values. Conversely, "Snapshots" delves into the exhilaration and challenges of love marriages. De captures the euphoria of romantic unions but also delves into the evolving dynamics as the initial passion gives way to the reality of daily life. Through these explorations, De invites readers to reflect on the transformative power of love and the complexities of commitment.

5. Psychological Perspectives on Marriage in De's Works

5.1 Marital Bliss and Discontent: Shobha De's novels offer a profound exploration of the spectrum of marital experiences, delving into the depths of marital bliss as well as the undercurrents of discontent that can ripple through seemingly harmonious relationships. In "Sultry Days," De crafts a narrative that starts with the promise of an idyllic marriage but gradually unravels the façade to reveal the psychological dissonance beneath. The characters' pursuit of their desires and passions exposes the fragility of marital contentment, illustrating how unmet emotional needs and suppressed desires can lead to inner conflict and dissatisfaction.

5.2 Emotional and Psychological Realities of Married Life De's novels provide a raw and unflinching portrayal of the emotional and psychological realities that underpin married life. "Starry Nights" delves into the inner world of a woman who grapples with loneliness and emotional isolation within her marriage. The novel offers an intimate glimpse into her thoughts, fears, and hopes, highlighting the emotional toll that a lack of connection can exact on one's mental well-being. "Strange Obsession" delves further into the psychological complexities of marriage by intertwining past traumas with present relationships. De expertly weaves the characters' psychological wounds into the fabric of their marriages, illustrating how unresolved emotional baggage can infiltrate and disrupt even the most intimate of connections.

5.2 Marital Liberation and Self-Discovery: De's exploration of marital liberation and self-discovery is a testament to her characters' resilience and their capacity for growth within the context of marriage. In "Sisters," the journey of one sister from societal conformity to self-empowerment showcases how marriage can become a crucible for personal liberation. The character's pursuit of her dreams and desires challenges traditional gender roles and underscores the potential for marriage to be a catalyst for individual empowerment. "Snapshots" delves into unconventional paths to self-discovery within the institution of marriage. De introduces characters who navigate open relationships, redefining conventional notions of fidelity and commitment. Through their experiences, De prompts readers to question societal norms and consider the possibility of self-discovery beyond established boundaries. In these psychological explorations, Shobha De's novels provide a rich tapestry of emotions, conflicts, and resolutions that illuminate the intricate psychological landscapes of marital



relationships. By delving into marital bliss, discontent, emotional realities, and the potential for self-liberation, De's narratives offer a comprehensive understanding of the profound psychological dynamics that shape the meaning and experience of marriage in contemporary Indian society.

6 “The Truth about Marriage”: The Truth about Marriage" by Shobha De is a thought-provoking and candid exploration of the complexities and dynamics within marriages. Shobha De, known for her unconventional and fearless perspective, delves into the intricate facets of relationships, debunking stereotypes and challenging traditional norms. The book is centered around the idea that marriage is an ever-evolving adventure, marked by trust, companionship, affection, and sharing. With her characteristic disregard for societal rules, three pillars of Time, Tenderness, and Togetherness as essential foundations for a lasting and fulfilling partnership.

7 Literary Contribution to the Discourse on Marriage: Shobha De's marital narratives significantly contribute to the broader literary discourse on marriage. Her novels add depth and complexity to the portrayal of marital relationships, moving beyond simplistic depictions of happily ever after or tragic endings. De's exploration of the psychological, emotional, and societal dimensions of marriage elevates the discourse to a more intricate and nuanced level. De's work challenges traditional narratives surrounding marriage, expanding the boundaries of storytelling and representation. By depicting characters who defy norms and grapple with the intricacies of modern relationships, she enriches the literary canon with narratives that resonate with contemporary readers. Her contribution to the discourse on marriage lies in her ability to capture the essence of human experiences within the context of marriage, fostering a deeper understanding of the institution and its evolving significance. In essence, Shobha De's marital narratives serve as a literary prism through which readers can examine societal changes, question their own beliefs, and engage in meaningful conversations about the evolving nature of marriage in a complex and dynamic world.

8. Conclusion: The exploration of marriage in Shobha De's novels has illuminated a myriad of insights into the evolving meaning and dynamics of this institution within contemporary Indian society. Throughout this critical study, we have delved into the traditional notions of marriage in Indian society, the modern shifts and challenges that have reshaped marital dynamics, and De's meticulous exploration of marital norms and values within her narratives. Through a thorough literature review, we traced the evolution of marriage in literature and established Shobha De's significant contribution to contemporary Indian literature. We examined previous research on De's novels and their engagement with the theme of marriage, laying the foundation for our in-depth analysis. This research has highlighted the multi-dimensional nature of marriage in Shobha De's novels. By examining the cultural context, social dynamics, psychological perspectives, and comparative analyses across select works, we have unearthed a rich tapestry of insights. De's novels offer a nuanced portrayal of marital bliss and discontent, emotional and psychological realities, as well as liberation and self-discovery within the context of marriage. The comparative analysis revealed contrasting portrayals of marriage across different novels, allowing us to discern changing paradigms and common threads. We discovered how De's narratives reflect societal changes, influence reader



perceptions and attitudes, and significantly contribute to the broader literary discourse on marriage.

9 Areas for Future Research: While this study has shed light on the meaning of marriage in Shobha De's novels, there remain intriguing avenues for further exploration. Future research could delve deeper into specific novels, analysing the representation of marriage in even more detail and unravelling additional layers of significance. The exploration of lesser-studied works or lesser-known aspects of De's narratives could yield fresh insights. A comparative analysis of Shobha De's novels with works from other contemporary Indian authors could provide a broader perspective on the representation of marriage within Indian literature. Additionally, investigating the reception of De's novels among diverse readerships and their impact on societal perceptions of marriage could offer.

valuable sociocultural insights. A Shobha De's novels serve as invaluable windows into the evolving landscape of marriage in contemporary Indian society. Through her skilful storytelling, De has illuminated the complexities, challenges, and transformative potential inherent in this institution. This research has contributed to a deeper understanding of De's literary exploration of marriage, and it is hoped that future studies will continue to enrich our comprehension of this essential theme within her works.

References

1. Sab, S. N. B. M. (2023). Man Woman Relationship in the Select Novels of Anita Desai Shashi Deshpande and Shobha De A Comparative Study.
2. Vitthalrao, N. A. (2023). Matrimonial discourse in the select Indian English Novels. A critical study.
3. Bandu, C. A. (2023). Representation of Homosexuality in Select Novels of R Raj Rao and Manju Kapur A Queer Perspective.
4. Chandra shekhar, A. (2023). The Predicaments of New Woman in the Selected Fiction of Shashi Deshpande and Shobha De A Comparative Study.
5. Sharma, B. (2023). Changing Ideologies of Marriage in Contemporary Indian Women's Novels. *Journal of International Women's Studies*, 25(3), 9.
6. Sinha, K. K. (2023). Approaching Shobha De's Creation of New World with Words from the Perspective of Women's Liberation. *New Literaria*, 4(1), 105-113.
7. Pandey, N. (2022). Portrayal of Women in the Novels of Nayantara Sahgal and Shobha De: A Comparative Study. *Central Asian Journal of Literature, Philosophy and Culture*, 3(7), 57
8. Gaur, D. S. (2022). Role of patriarchy in gender socialization of women in Shobha De's *Second Thoughts*. *International Journal Of English and Studies (IJOES)*, 4(1), 51-55.
9. Bhandari, S. R. (2022). Femaleness in Shobha De's *Sisters*. *Kaumodaki: Journal of Multidisciplinary Studies*, 69-77.



10. Kumar, R. (2022). Feministic Perspectives in Chetan Bhagat Novels 'Five Point Someone' And 'Two States: The Story of My Marriage'. *Specialusis Ugdymas*, 2(43), 1602-1607.
11. Gope, A., & Khurajam, G. (2022). New Woman: Dominant Narrative of Modern Indian Womanhood. *IUP Journal of English Studies*, 17(2), 73-87. .
13. Bhuingade, R. S. (2020). Representations of lesbian gay bisexual and transgender queer in modern Indian english novels.
14. Priyanka, A., & Bohra, B. (2020). Signifying the female characters in indian fiction. *Turkish Journal of Computer and Mathematics Education*, 11(3), 1513- 1518.
15. Kumar, K. A. (2019). Marginalization of Women in the novels of Shobha De. *Cultural encounters in third world literature*
16. Rajeswari, M. C., & Gejeswari, N. (2019). Human Relationships in Shobha De's *Socialite Evenings*. *Language in India*, 19(3).
17. Alphonsa, K. L. *Portrayal of the Self in Shobha De's Selective Memory: A Critical Study*.
18. Goswami, R. Critical analysis of the two primal characters Ammu (as tragic heroine) and Velutha (as tragic hero) in Arundhori Roy's novel *The God of Small Things*.