

# **International Journal For Advanced Research**

A peer reviewed international journal ISSN: 2457-0362

In Science & Technology

www.ijarst.in

### THE ROLE OF TRANSACTIONAL LEADERSHIP IN DRIVING EMPLOYEE MOTIVATION AND PERFORMANCE

# Sharath Nagappa Rayar, Dr. Manjunath Dhavande

Research Scholar, Sunrise University, Alwar, Rajasthan Research Supervisor, Sunrise University, Alwar, Rajasthan

### ABSTRACT

Transactional leadership is a widely implemented leadership style that focuses on structure, rewards, and performance management. This leadership approach operates on the principle of contingent rewards and corrective actions, ensuring that employees follow predefined guidelines and expectations. While transactional leadership is often associated with increased efficiency and organizational stability, its impact on employee motivation and performance remains a topic of debate. This paper explores the role of transactional leadership in influencing employee motivation and performance, examining both its benefits and limitations. The study investigates how transactional leadership fosters discipline, accountability, and productivity while also evaluating potential drawbacks such as limited innovation and dependency on extrinsic rewards. Through a review of existing literature, case studies, and empirical data, this research aims to provide a comprehensive understanding of how transactional leadership can be optimized to enhance employee motivation and overall organizational success.

**KEYWORDS:** Transactional leadership, employee motivation, performance management, contingent rewards, leadership styles.

#### I. INTRODUCTION

Leadership plays a pivotal role in shaping the success of an organization by influencing employee behavior, motivation, and performance. Among the various leadership styles, transactional leadership has emerged as one of the most structured and performance-driven approaches. It is built on the foundation of clear expectations, well-defined roles, and a system of rewards and punishments. The core principle of transactional leadership is that employees are motivated by extrinsic rewards such as financial incentives, promotions, and recognition. In contrast, non-compliance or failure to meet expectations results in corrective actions or disciplinary measures. This leadership style is particularly effective in work environments where efficiency, consistency, and adherence to policies are critical for achieving organizational goals. While transactional leadership is known for its ability to drive performance by maintaining discipline and structure, its impact on employee motivation remains a topic of debate. Some researchers argue that transactional leadership ensures stability and goal-oriented behavior, while others claim that it limits creativity and intrinsic motivation.

The concept of transactional leadership was first introduced by Max Weber and later developed by Bernard Bass as part of his transformational and transactional leadership theory. Transactional leadership operates on the assumption that employees perform best when they are given clear instructions, incentives for achieving targets, and consequences for failing to



A peer reviewed international journal ISSN: 2457-0362

www.ijarst.in

meet expectations. It is a leadership style commonly found in corporate environments, military institutions, manufacturing industries, and other structured organizations where task completion and efficiency are prioritized over creativity and innovation. Unlike transformational leadership, which seeks to inspire and empower employees by creating a vision and fostering intrinsic motivation, transactional leadership is primarily concerned with maintaining order and achieving short-term performance goals. The fundamental mechanisms of transactional leadership include contingent rewards, active management by exception, and passive management by exception. Contingent rewards refer to the practice of rewarding employees based on their performance, while active management by exception involves monitoring employees' actions and intervening when necessary. Passive management by exception, on the other hand, is a more hands-off approach where leaders only intervene when serious issues arise.

One of the key advantages of transactional leadership is that it provides employees with clear guidelines and expectations, reducing ambiguity in the workplace. Employees under transactional leadership are aware of their roles, responsibilities, and the standards they need to meet. This clarity allows them to focus on their tasks without uncertainty, leading to increased efficiency and productivity. Additionally, the use of rewards and recognition serves as a powerful motivator for employees, encouraging them to meet or exceed performance expectations. By linking rewards directly to performance, transactional leaders create a structured work environment where employees understand the direct correlation between their efforts and the outcomes they achieve. This approach fosters a sense of accountability, ensuring that employees take ownership of their responsibilities and work towards achieving organizational objectives.

However, despite its effectiveness in maintaining order and driving performance, transactional leadership has certain limitations, particularly when it comes to long-term employee motivation. One of the primary criticisms of this leadership style is its over-reliance on extrinsic rewards. While financial incentives and recognition can be powerful motivators, they may not always lead to sustained engagement and job satisfaction. Employees who are solely motivated by external rewards may lack intrinsic motivation, which is the internal drive to perform well due to personal satisfaction, passion, or a sense of purpose. Over time, if employees do not find meaning or fulfillment in their work, their motivation levels may decline, leading to disengagement and reduced performance. Furthermore, transactional leadership may not be suitable for organizations that require high levels of innovation, creativity, and adaptability. The rigid structure and rule-based nature of this leadership style can restrict employees' ability to think outside the box, experiment with new ideas, and take calculated risks. As a result, industries such as technology, research and development, and creative fields may find transactional leadership too restrictive and may need to incorporate elements of transformational leadership to foster innovation.

Another potential drawback of transactional leadership is that it can create a work environment driven by fear rather than inspiration. The emphasis on corrective actions and disciplinary measures may lead employees to focus more on avoiding mistakes rather than striving for



A peer reviewed international journal ISSN: 2457-0362

www.ijarst.in

excellence. This fear-based motivation can stifle creativity and initiative, making employees hesitant to take risks or suggest new ideas. Moreover, transactional leadership can sometimes lead to a rigid hierarchy where communication flows in a top-down manner, limiting collaboration and the exchange of ideas. Employees may feel that their voices are not heard or valued, leading to decreased morale and job satisfaction. In contrast, leadership styles that encourage open communication and employee participation tend to create a more engaged and motivated workforce.

Despite these limitations, transactional leadership remains a highly effective approach in certain organizational contexts. For example, in industries where adherence to protocols, regulations, and strict performance metrics is essential, transactional leadership ensures that employees stay focused and meet the required standards. In sectors such as healthcare, finance, and manufacturing, where precision and compliance are critical, transactional leadership helps maintain order and consistency. Additionally, during times of crisis or change, transactional leadership can provide the stability and direction needed to keep employees on track. By enforcing rules, monitoring performance, and implementing structured rewards and consequences, transactional leaders can navigate organizations through challenging situations while maintaining productivity and efficiency.

To optimize the effectiveness of transactional leadership, organizations can integrate complementary leadership strategies that address its limitations. One approach is to blend elements of transformational leadership with transactional leadership to create a balanced leadership style. While transactional leadership ensures that employees meet performance expectations through clear guidelines and rewards, transformational leadership can inspire and empower employees by fostering a sense of purpose, vision, and personal growth. By combining these two approaches, organizations can maintain structure and discipline while also encouraging innovation, creativity, and long-term motivation. Another strategy is to tailor rewards and recognition programs to align with employees' individual preferences and career aspirations. Instead of relying solely on monetary incentives, organizations can introduce personalized rewards such as career development opportunities, mentorship programs, and skill-building initiatives. Providing employees with opportunities for professional growth and advancement can increase their intrinsic motivation and engagement, leading to higher job satisfaction and performance.

Furthermore, transactional leaders can improve employee motivation by fostering a supportive and inclusive work environment. Encouraging open communication, recognizing employees' contributions, and providing constructive feedback can create a positive workplace culture where employees feel valued and motivated to excel. Leaders should also consider adopting a flexible approach to management by allowing employees some degree of autonomy in decision-making and problem-solving. While maintaining accountability and performance standards, providing employees with the freedom to explore new ideas and approaches can enhance their sense of ownership and commitment to their work.

In transactional leadership plays a crucial role in driving employee motivation and performance by establishing clear expectations, providing structured incentives, and maintaining



A peer reviewed international journal ISSN: 2457-0362

www.ijarst.in

organizational efficiency. Its emphasis on rewards and performance management ensures that employees remain focused and accountable for their tasks. However, its reliance on extrinsic motivation and rigid structures can pose challenges in dynamic and innovation-driven environments. To maximize its effectiveness, organizations should consider integrating transformational leadership elements, offering diverse reward systems, and fostering a supportive workplace culture. By striking a balance between structure and inspiration, organizations can leverage transactional leadership to enhance employee motivation, engagement, and long-term success.

#### II. CONCEPT OF TRANSACTIONAL LEADERSHIP

Transactional leadership is rooted in a structured, hierarchical system where leaders use a system of rewards and punishments to manage employees. This style is often associated with task-oriented leadership that ensures employees adhere to policies and procedures to achieve organizational goals. The primary components of transactional leadership include:

- 1. **Contingent Rewards** Employees are rewarded for meeting or exceeding performance expectations. These rewards may be financial, such as bonuses and salary increases, or non-financial, such as recognition and promotions.
- 2. Active Management by Exception Leaders closely monitor employee performance and take corrective action when deviations occur. This approach ensures that employees stay on track and follow established protocols.
- 3. **Passive Management by Exception** Leaders intervene only when issues become significant. This hands-off approach allows employees to work independently but with the understanding that non-compliance or underperformance will result in corrective measures.

By implementing these principles, transactional leaders create a stable work environment with clear expectations and well-defined performance criteria. However, the effectiveness of this leadership style depends on its ability to sustain motivation and performance beyond external rewards.

#### **III. IMPACT ON EMPLOYEE MOTIVATION**

Employee motivation is a key driver of workplace productivity and engagement. Transactional leadership influences motivation primarily through external rewards and structured guidance. The impact of transactional leadership on motivation can be examined through the following factors:

#### 1. Positive Effects on Motivation

• **Clear Expectations and Accountability** – Employees under transactional leadership have a well-defined understanding of their responsibilities, performance standards, and



A peer reviewed international journal ISSN: 2457-0362

www.ijarst.in

consequences of their actions. This clarity reduces uncertainty and enhances motivation to meet organizational goals.

- **Incentive-Driven Performance** The use of contingent rewards motivates employees to perform at their best, especially in roles that rely on measurable outcomes. Financial incentives, recognition, and promotions serve as strong motivational drivers.
- **Performance Consistency** Transactional leadership promotes consistency in performance by setting clear guidelines and monitoring results. Employees understand that their efforts will be acknowledged and rewarded, which encourages them to maintain high productivity levels.

#### 2. Limitations on Motivation

- **Over-Reliance on Extrinsic Rewards** Transactional leadership heavily depends on external motivators, which may not always sustain long-term employee engagement. If rewards are reduced or removed, employee motivation may decline.
- Limited Intrinsic Motivation Employees may feel motivated only by external rewards rather than personal growth, creativity, or job satisfaction. This can result in a lack of passion and enthusiasm for work beyond meeting basic performance requirements.
- **Restricted Autonomy** The rigid structure of transactional leadership may limit employees' ability to take initiative, explore new ideas, or develop intrinsic motivation to excel in their roles.

#### IV. CONCLUSION

Transactional leadership plays a significant role in driving employee motivation and performance by establishing clear guidelines, providing structured incentives, and maintaining operational efficiency. While this leadership style is effective in ensuring discipline and productivity, its heavy reliance on external rewards and rigid frameworks may limit intrinsic motivation, creativity, and long-term engagement. Organizations must recognize both the strengths and limitations of transactional leadership and adapt their approaches to meet the evolving needs of employees and work environments. By incorporating elements of transformational leadership and prioritizing employee development, organizations can create a more dynamic leadership framework that fosters sustained motivation, high performance, and overall organizational success.

#### REFERENCES

1. Wahyuni, S., Surachman, S., Hakim, A., & Hadiwidjojo, D. (2019). Transactional Leadership, Motivation and Employee Performance. Journal of Management and Administration, 3(5), 140-150.



A peer reviewed international journal ISSN: 2457-0362 www.ijarst.in

- Breevaart, K., Bakker, A. B., Hetland, J., Demerouti, E., Olsen, O. K., & Espevik, R. (2014). Daily transactional and transformational leadership and daily employee engagement. Journal of Occupational and Organizational Psychology, 87(1), 138-157.
- Judge, T. A., & Piccolo, R. F. (2004). Transformational and transactional leadership: A meta-analytic test of their relative validity. Journal of Applied Psychology, 89(5), 755-768.
- 4. Bass, B. M. (1990). From transactional to transformational leadership: Learning to share the vision. Organizational Dynamics, 18(3), 19-31.
- Podsakoff, P. M., MacKenzie, S. B., & Bommer, W. H. (1996). Transformational leader behaviors and substitutes for leadership as determinants of employee satisfaction, commitment, trust, and organizational citizenship behaviors. Journal of Management, 22(2), 259-298.
- 6. Rowold, J., & Heinitz, K. (2007). Transformational and transactional leadership and followers' chronic stress. Leadership Review, 7, 35-48.
- 7. Epitropaki, O., & Martin, R. (2005). From ideal to real: A longitudinal study of the role of implicit leadership theories on leader–member exchanges and employee outcomes. Journal of Applied Psychology, 90(4), 659-676.
- 8. Dvir, T., Eden, D., Avolio, B. J., & Shamir, B. (2002). Impact of transformational leadership on follower development and performance: A field experiment. Academy of Management Journal, 45(4), 735-744.
- 9. Gerstner, C. R., & Day, D. V. (1997). Meta-analytic review of leader-member exchange theory: Correlates and construct issues. Journal of Applied Psychology, 82(6), 827-844.